

SKINCEUTICALS DIAGNOSTIC WORKSHEET

NAME: _____ SKINCEUTICALS ADVISOR: _____ DATE: _____

AGE: <20 20-25 26-35 36-45 46-55 56-65 >65

YOUR PROFESSIONAL SKIN DIAGNOSTIC

HEALTH AND LIFESTYLE

1. Do you smoke? Yes No
2. Do you spend time outdoors in the sun? Yes No
3. Do you live in an urban area exposed to pollution? Yes No
4. Do you exercise regularly? Yes No
5. Do you follow a healthy diet? Yes No
6. Do you sleep regularly? Yes No

SKINCARE AND PROCEDURE HISTORY

1. What skincare products are you currently using?
 Cleanser/toner Antioxidant Moisturizer Masque
 Exfoliating agents Retinol Eye products Sunscreen Others _____
2. Please describe your daily skincare routine:
AM Routine: _____ PM Routine: _____
3. In the past year, have you consulted with a physician for any skin or aging concerns? Yes No
4. In the past, have you had any chemical peels, laser procedures, phototherapy, microdermabrasion, injections, or other aesthetic procedures? Yes No
5. Do you use Tretinoin, Hydroquinone, Benzoyl Peroxide, or any topical pharmaceuticals? Yes No
6. Have you used oral isotretinoin in the past 6 months? Yes No
7. Have you ever experienced the following on your skin?
 Flakiness Tightness Dryness Oiliness Acne or breakouts
 Redness Skin dullness Skin laxity Fine lines and wrinkles Hyperpigmentation
8. Do you use an antioxidant daily? Yes No
9. Do you wear sunscreen daily? Yes No
10. If yes, what level of SPF protection do you use? On your face and neck: _____ On your body: _____

EXPECTATIONS AND GOALS

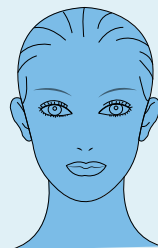
1. What are your top 3 skincare concerns? _____
2. What are your specific skincare goals? _____

If using the SkinScope LED, please circle and note the diagnostic observations in Daylight and LED-UV mode below:

Pigmentation
Flushing/blotchy skin
Visible oiliness
Visible dryness
Wrinkles/fine lines
Papules/pustules



DAYLIGHT



LED-UV

- Pale Blue: Normal and healthy skin
- White: Dead skin cells
- Dark Blue: Thinner, dehydrated skin
- Brown: Pigmentation and dark spots
- Yellow: Oily areas of the face*
- Dark Pink or Orange: Congested pores and comedones*

*Yellow, orange, or dark pink will often show as small dots (or pinpricks of light) on the face

NOTES: _____

PREVENT

- AM C E Ferulic
- Phloretin CF
- Phloretin CF Gel

- AM PM AOX+ Eye Gel
- Resveratrol B E

- AM Serum 10 AOX+
- Serum 15 AOX+
- Serum 20 AOX+

CORRECT

- AM PM A.G.E. Interrupter
- A.G.E. Eye Complex
- Blemish + Age Defense
- Advanced Pigment Corrector
- Retinol 0.3

- AM PM Retexturing Activator
- Redness Neutralizer
- Epidermal Repair
- Phyto Corrective
- Clarifying Clay Masque

- AM PM Antioxidant Lip Repair
- Face Balm
- Face Cream
- Eye Balm

PROTECT

- AM Mineral Radiance UV Defense SPF 50
- Sheer Mineral UV Defense SPF 50

- AM Ultra Facial Defense SPF 50+

- AM Brightening UV Defense SPF 30

BODY CORRECT

- AM PM Body Tightening Concentrate

- AM PM Body Retexturing Treatment

- AM PM Neck, Chest & Hand Repair

MOISTURIZE

- AM PM Hydrating B5
- Hydrating B5 Masque

- AM PM Emollient

- AM PM Daily Moisture

CLEANSE & TONE

- AM PM Gentle Cleanser
- Simply Clean

- AM PM Equalizing Toner
- Blemish + Age Cleansing Gel

- AM PM Blemish + Age Solution

FOLLOW-UP

NEXT SKINCEUTICALS DIAGNOSTIC APPOINTMENT

RECOMMENDED TREATMENT PLAN

PHYSICIAN REFERRAL FOR PROCEDURES

NOTES
